



Jessica Alba



One month later



Rachel Weisz



Three weeks later



Sienna Miller



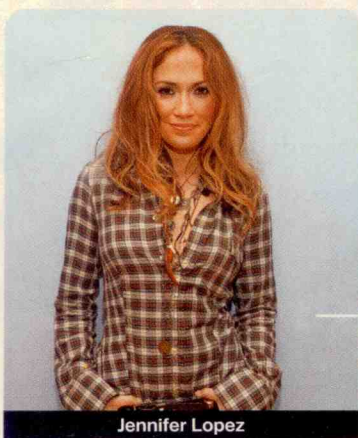
Seven weeks later



Keira Knightley



Six weeks later



Jennifer Lopez



Three months later



Eva Longoria



Six weeks later

Growth Factors Vital stats on adding inches in a flash

TEMPORARY EXTENSIONS

- **Material and price** You can attach clip-on hair pieces (in long strips or ponytail shapes) to your natural hair near the root to add length and fullness. High-quality synthetic hair pieces cost around \$20 per pack (enough for a whole head), while human hair starts at \$200.
- **Maintenance** Remove hair pieces every night. "The clips can pull on your scalp while you're sleeping and cause bald patches," says Ryan Trygstad, who recently elongated Sienna Miller's bob. To mend frizzy hair pieces, shampoo regularly and condition with Woolite; let air-dry.
- **Where to find** Clip-ons are sold at salons and beauty-supply stores.

SEMI-PERMANENT EXTENSIONS

- **Material and price** Celebrity pros swear by human-hair pieces that attach to natural hair with protein glue (the bonds look like shoe-lace tips) cost from \$2,000, and last up to six months. "Synthetic hair is less versatile—it can melt if you heat-style it," Trygstad says.
- **Maintenance** Shampoo normally and condition from the midshaft to ends. Detangle with a wide-tooth comb, and don't apply silicone-based styling products at the root; emollients make hairs slip out.
- **Where to find** At salons. The process takes one to six hours, and extensions must be professionally removed. —Ning Chao